foothills
maternity group

# Patient Care Timeline

**9+ weeks Initial Consultation**

**Welcome to FMG !**

**8-10 weeks**

Ultrasound to confirm due date. If you choose to do genetic screening with bloodwork, this is done at 9-10 weeks.

**11-14 weeks**

If you choose to do screening for select genetic conditions, or just early anatomy development, the ultrasound is between 11-14 weeks.

**18-22 weeks**

Mid-pregnancy ultrasound assessment of anatomy and the placenta

**24-28 weeks**

Blood work, including screen for gestational diabetes

**27-32 weeks**

Ideal timing for Pertussis booster vaccine

**Up to 28 weeks**

Medical visits every **4 weeks**

**28 Weeks**

Start tracking baby movements & Rhogam **if** needed

**28-32 weeks**

Consider prenatal classes & lactation consultataion

**28-35 weeks**

Medical visits every **2 weeks**

**32-36 weeks**

Ideal timing for RSV vaccine

**36+ weeks weekly visits**

Medical visits **every week**

**36 weeks**

Group Strep B swab and ultrasound for baby position

**37-41 weeks**

Term- the ideal window for baby to be born

**41+ weeks**

We recommend induction if you are still pregnant

**0-3 days**

Post-partum care and discharge at the hospital is provided by our team of nurse practitioners and physicians

**5-10 days after delivery**

**Return to clinic for Mom & Baby visit**

**6-8 weeks after delivery**

**Return to clinic for Mom & Baby visit**

Contraception support

Pelvic Floor Physio information